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| Name: SMT. HARITHA | Reg No: 3-11SMMHC18 |
| Age / Sex: 27/F | Contact No:7382622511 |
| Marital Status: ML- 1 YEAR | Date:3/11/18 |
| Occupation:HOUSEWIFE. BTECH (ECE) | Dr. PJFP |
| Address:NATIVE OF KADIRI. IN BLORE SINCE 1 YR. | DIAGNOSIS- |

1. IRREGULAR PEIRODS SINCE MARRIAGE. BEFORE HAD FRM MENARCHE. BUT TOOK ALLO THEN REGULARISED. AGAIN 21 YEARS AGE STARTED OFF. ONCE STARTS THE BLEEDING CONT FR 2-3 MONTHS.

LMP:

IF WORK PHYSICALLY ALSO WILL GET STRAINED. THEN STARTED HER PERIOD AGAIN WITHIN 10 DAYS ITSELF.

REPORTS SAY NORMAL.

1. TRAVELLING SICKNESS. EVEN CAB FELT NAUSEOUS. MORE THAN 4 HOURS IF JOURNEYS ANYWHERE WILL GET FEVER. DOENST LIKE TRAVEL. UPTO 2 HRS CAN MANAGE.
2. DURING EXAMS TAKES STRES AND THEN BECAUSE OF THAT FLUCTUATION OF MENSES DATES. EITHER MORE GAP OR MORE DAYS BLEEDING.
3. KEEPS THINKING ABOUT FUTURE. I CAN PREDICT I GO DEEP INTO ANY SITUATION. ALWAYS FIRST IN CLASS.
4. GIVES MORE IMP TO HYGEINE. SEPERATES HER THINGS FRM OTHERS. CANT TOLERATE.
5. EATS SLATE PENCILS OCASSIONALLY. SOIL SMELL LIKES. STARTED FROM 18 YEARS OF AGE.
6. USE TO LIKE MILK AND MILK PRODUCTS IN CHILDHOOD BUT NOW UNABLE TO LIKE THEM.
7. CANT EAT SPICE MUCH. EYES AND LIPS SHIVER IF EATS MORE.
8. SAD WILL NOT SHARE.

MENARCHE : 13 YEARS.

CHOOSY IN FRNS BUT ONCE FRND THEY CANT LEAVE. WILL NOT GO WER FIGHTS AND QUARRELLS R THER.

UPTO 15 YRS LEAN. AFTER 17 YRS A LIL WEIGHT GAIN BUT STILL LEAN.

LIKES COLD WEATHER. IN SUMMER GETS DIARHHOEA AND MOUTH ULCERS. IF SUDDEN CHANGE IS THERE IN WEATHER GETS FEVER.

DON’T LIKE SWEEETS. IF COCONUT SWEETS ARE THER SHE WILL GET NAUSEOUS.

LIKES SNACKS . LIKE PANI PURI BUT CANT LIKE KARAM. LAYS ALSO LIKES.

HORROR MOVIES I CANT SEE ONLY. BUT I CN STAY ALONE M NT SCARED

DOES CRAFTS, POT PAINTINGS, CREATIVE ONES LIKES.

FAMILY H/O: CONSAGUINOUS PARENTS.

* MAMA: ALOCOHOLIC CIRROSIS DIED
* PATERNAL UNCLE DIED DUE TO TB.
* DAD: HEART STROKE. BP
* ATHA,MAMA, DAD: DM

RX:

1. COCCULUS 200 4-4-4 B/FOOD
2. TUBERCULINUM1M 4-4-4-4.

3/12/18: 19th stopped periods and started on 23rd again. Still cont. firs 10 days negligible beeding anad again 4-5 days heavy bleeding. Hb is above 11gm%.Clots only difference before

Rx:

First 4 days:

1. Sabina 30+bell 30 – 6pills 2 hourly. Fr 1 day. Same 200 2nd day, 1m 3rd day.each 1 dram pills. Last 2 dram.
2. Milleifolium pentakran 2 tabs 3 hourly. For 2 days then 5 times a day

Call the doctor and take this on confirming.

1. Carcinocin1m/cocculus1m/ferr aceticum1m – 3 pills b/food. 2 dram mng.
2. Ferr phos 30+ acid phos 30+ ferr met 200 – disc 4-4-4-4.
3. Thlaspi bursa pastoris Q- 10-10-10-10 drops a/food. Water.
4. Sulphur 1m stat. 1 dose.
5. Rubrum 30 – 1 dose night b/food.